



Compassionate Grieving: Living Into Greater Life

Sponsored by

Unity Worldwide Ministries Eastern Region and Southeast Region

Facilitated by Reverend Patricia Gulino Lansky

People everywhere are living through tumultuous changes, experiencing all levels of loss, from the personal loss of loved ones, to a variety of traumas ranging from sudden loss, violence, the global pandemic, and natural disasters. We are deeply impacted individually and collectively by these losses. Yet, grief remains largely unaddressed as one of our most misunderstood and difficult emotions.

In this powerful seminar, author, teacher, licensed clinical social worker, and Unity minister, Patricia Gulino Lansky, will offer experiential methods for healing our own grief. You'll receive resources for current and future losses, as well as tools for helping our Unity communities during the holidays, when feelings of unconflicted grief can resurface. Through her personal story, Patricia will reveal how our Unity truth principles make it possible to move through grief by opening the heart to unconditional love and compassion for ourselves and others, lifting us out of despair into peace and freedom.

Wednesday, November 8, 10:30 am to 12:30 pm

Thursday, November 16, 6:30 pm to 8:30 pm

Eastern Region participants go to www.unityeasternregion.org/21stCentury to register

Southeast Region Participants go to <https://seunity.breezechms.com/form/22dde9> to register

Registration is a two-step process – register and pay \$75 for your ministry/send the link to each individual who wishes to attend/they register at no cost to receive their personalized link.

Scholarships available: Contact ministryconsultant@unityeasternregion.org or revbethdh@aol.com