TERRY DREW KARANEN – CURRICULUM VITAE

Mail: Phones: Eddress: Websites: 2008 West Trindle Road Carlisle, PA 17013-2604 717.884.8592-Mobile terry@terrydrewkaranen.com terrydrewkaranen.com blog.terrydrewkaranen.com spiritmindbodyfoundation.org

OBJECTIVES

Actively utilize my training and skills as an author and keynote speaker to better support the lives of people around the global. Continue to improve my own life through education and practice so as to assist others with their own visions, missions, dreams, and goals.

My vision allows me to live an abundant, peaceful life in an atmosphere of love, joy and playfulness. My mission helps me assist others in creating lives worth living by being a powerful and loving leader.

CREDENTIALS AND EDUCATION

Centers for Spiritual Living, Golden, CO (Ordained minister, 2011-present).

Temple University, Philadelphia, PA (2008 to 2011). College of Health Professions and Social Work graduate program. (Master of Social Work (MSW, 2011) Licensed as a social worker (LSW – PA license #SW128664) in the Commonwealth of Pennsylvania (2011-present).

Thomas Edison State College, Trenton, NJ (2003-2007). Studies included sociology, psychology, religion, and philosophy. (Bachelor of Arts, Social Sciences, 2008)

American Institute of Holistic Theology, Youngstown, Ohio (1997-1998). Holistic approach to healing through the combination of spiritual, emotional, physiological and psychological analysis. Emphasis placed on a Biblical basis for holistic healing, the use of natural medical methods of treatment, proper diet, *A Course In Miracles*, and metaphysics. Doctoral research: Using holistic modalities for healing and counseling within the confines of the United States legal system as dictated by traditional medicine. (Doctor of Divinity Degree, 1998)

Healing Light Center, Turtle Creek, Pennsylvania, an independent, new thought Christian healing ministry. Ordained as a practitioner and minister of divine metaphysics (MDM). (Ordained, 1996-present)

Religious Science International, Spokane, Washington (1991-1993). Ministerial studies conducted through the First Church of Religious Science, Glendale, California covering: Science of Mind/religious science principles; advanced metaphysics; New Thought philosophy and history (including Unity and Divine Science); comparative religions; esoteric mysticism; pastoral and chaplaincy care; homiletics; youth guidance and counseling; elder care and counseling; conflict resolution; grief counseling; church administration and maintenance; ethics; non-profit bookkeeping and accounting; and, fund raising. (Licensed Minister, 1994-1996; Licensed Practitioner, 1991-1996)

Ernest Holmes College, Los Angeles, California (1985-1991). Basic and intermediate studies conducted at United Spirit Church of Religious Science, West Hollywood, California campus in Science of Mind/religious science principles, metaphysics, new thought philosophy, spiritual

counseling, scientific prayer, public speaking and pastoral care. (Licensed Practitioner, RScP, 1990-1991)

United Spirit Church of Religious Science, West Hollywood, California (1998). Rebirthing Coach Training (45 hours) and Practicum (90 hours). **(Certified Rebirther, 1988)**

PUBLISHED WORKS:

How to Find Your Vision and Get a Life! Using a vision and mission to create a life worth living, by Terry Drew Karanen. Copyright © 2014. Published by iUniverse, 2015.

Freedom to Live! – Enjoying Freedom in the Four Areas of Life, by Terry Drew Karanen. Print Copyright © 2003 by Terry Drew Karanen. Published by Teiwaz Publishing, 2005. eBook (revised) Copyright © 2014 by Terry Drew Karanen. Published by Teiwaz Publishing, 2014.

Meditations for Life!—The Wisdom of Women: Empowering Meditations Based on Quotes from Women of the Past and Present, by Terry Drew Karanen. Copyright © 1997 by Terry Drew Karanen. Published by LoneWolf Publishing, 1998.

Meditations for Life!, by Terry Drew Karanen. Copyright © 1997 by Terry Drew Karanen. Published by Support Services Unlimited, 1998.

It's Safe For Me To Be..., by Terry Drew Karanen. Copyright © 1997 by Terry Drew Karanen. Published by Support Services Unlimited, 1998.

Beginning Your Own Work, by Terry Drew Karanen. Copyright © 1994, by Terry Drew Karanen. Published by Support Services Unlimited, 1994.

PUBLISHED ARTICLES AND OTHER WRITING:

Karanen, Terry Drew (2014-present). "Science of Mind magazine." Golden, Colorado. Various articles:

Featured articles:

- "Connecting to Spirit Through Nature: How does your garden grow?" (August 2014)
- "Surrendering to Life" (July 2015, online version only)
- "Making a Place for Joy in Our Lives" (September 2015)

"Practical Prosperity" column (October 2014-present):

- "Prosperity or Abundance?" (September 2014)
- "You Are Prosperity" (January 2015)
- "Surrendering to Our Good (April 2015)
- "Prosperity is Everywhere (June 2015)
- [On the theme of "Radical Forgiveness] (October 2015)

Daily Guides (July 2015)

Karanen, Terry Drew (2014-present). "Making Sense of Life – Daily Edition," published by Spirit, Mind and Body Foundation at <u>http://facebook.com/spiritmindbodyfoundation</u>

Karanen, Terry Drew (2011-present). "Making Sense of Life", *Central Voice*. Harrisburg, Pennsylvania. On-going column, published six times per year.

Karanen, Terry Drew (2004-present). "Making Sense of Life" (formerly, "Thoughts from Dr. Terry") blog, currently published on Mondays (http://blog.terrydrewkaranencom/). These writings are also published online weekly at Central Voice (http://thecentralvoice.ning.com/profiles/blog/list) and on Patheos.com's "Principles of Spiritual found Living" section. which be at: can (http://www.patheos.com/blogs/theprinciplesofspiritualliving/)

Karanen, Terry Drew (2003-2005). "A Spiritual Perspective", *The Chronicle Newspapers*, Lehigh Valley, Pennsylvania. On-going column.

Karanen, Terry Drew (1996). Erotic Stirrings of Spring. OUT in Pittsburgh, Pittsburgh, Pennsylvania, April 1996.

Karanen, Terry Drew (1996). Peace and Harmony. *OUT in Pittsburgh*, Pittsburgh, Pennsylvania, October 1996.

KEYNOTE SPEAKER AND WORKSHOP PRESENTER

National Association of Social Workers, Pennsylvania Chapter/NASW-PA Conference (2015), Speaker

"Spirituality in Social Work"

- Flight Attendant Drug and Alcohol Program/FADAP Annual Conference (2015), Speaker "Spirituality and Addiction Counseling"
- Center for Spiritual Livng, Leesburg, VA (2015), Speaker "Are You Afraid to be Magnificent?"

Center for Spiritual Living Cumberland Valley, Camp Hill, PA (2011-2014) Founder and Spiritual Leader

Unity of Harrisburg, Enola, PA (2011-2013) Spiritual Leader

Unity of Harrisburg, Enola, PA (2012) "Happy Holidays"

Metropolitan Community Churches, Northeastern Gathering, Harrisburg, PA (2012) "Is Meditation for Christians?"

Center for Spiritual Living Cumberland Valley, Enola, PA (2012) "This Thing Called You"

- Center for Spiritual Living Cumberland Valley, Enola, PA (2012) "This Thing Called Life"
- Center for Spiritual Living Cumberland Valley, Enola, PA (2012) "The Benefits of Meditation"
- Dr. Pepper/Snapple, Aspers, Pennsylvania (2011) "Stress Management"
- Carlisle Area School District, Carlisle, Pennsylvania (2011) "Creating Vision and Mission Statements"

Harrisburg Gay Men's Chorus, Harrisburg, Pennsylvania (2011) Annual Board of Directors Retreat and "Creating Vision and Mission Statements"
School of Sacred Ministries, Quakertown, Pennsylvania (2006) "The Business of Ministry"
Air Products, Inc., Allentown, Pennsylvania (2003-2005), Keynote Speaker "The Consciousness of Prosperity" "Discovering Your Bliss"
 7 Senses Health Center, Fountain Hill, Pennsylvania (2003), Keynote Speaker "The Consciousness of Prosperity "Prayer and Meditation" "Creating the Perfect Relationship" "Discovering Your Bliss" "Mind Mapping"
Pittsburgh Center for Natural Health, Pittsburgh, Pennsylvania (1996-1997), Keynote Speaker "Finding Your Perfect Relationship" "Discovering Your Bliss" "Happy Holidays"
Unity of Roanoke Valley, Roanoke, VA (1997), Keynote Speaker "Discovering Your Bliss"
Columbia Church of Religious Science, Columbia, MD (1996), Keynote Speaker "Discovering Your Bliss"
Ryan White Center and Regional AIDS Interfaith Network (RAIN), Little Rock, AR (1996), Conference Coordinator and Speaker "Wellness Weekend II – Empowered Living," (Weekend retreat/seminar)
Center for Positive Living, Pittsburgh, Pennsylvania (1993-1996), Founder and Pastor Emeritus Classes and Workshops: "Science of Mind 1" (RSI accredited course) "Science of Mind 2" (RSI accredited course) "Relationships "Financial Prosperity" "Laugh Your Cares Away!" "This Thing Called You" "This Thing Called Life" "Happy Holidays"
Glendale Church of Religious Science, Glendale, California (1991-1993), Ministerial Intern and Speaker
Center of Peace, Boise, Idaho (1992-1993), Keynote Speaker "Clear Vision" "Discovering Your Bliss"
United Spirit Church of Religious Science, West Hollywood, California (1989-1991), Director of Hospital and Hospice Visitation, and Licensed Practitioner Workshops: "Perfect Relationships" "Winter Solstice Celebration" "Happy Holidays"

"Leadership"

MEMBERSHIPS/AFFILIATIONS:

Centers for Spiritual Living (CSL)

National Association of Social Workers (NASW – National and local PA chapter) The Association for Global New Thought (AGNT)

POSITIONS HELD:

- Thirty years of experience working in the spiritual counseling field as a published author; keynote speaker; life coach; ordained minister; church pastor/spiritual leader; youth pastor; director of hospital visitation; director of music; and, spiritual education.
- Over thirty years of experience in the travel industry including positions as a travel agent; travel school instructor; tour guide/facilitator; airline reservationist; and, a flight attendant.
- Over twenty-five years of massage therapy practice and related modalities including reflexology; rebirthing; guided breath work; and, past life regression.
- Corporate experience as an administrative assistant; legal secretary; stenographer; commercial banking; and, past board member for several non-profit organizations.
- Spirit, Mind and Body Foundation, a Focus Ministry of Centers for Spiritual Living, Carlisle, Pennsylvania – October 2014 to present). Founder and spiritual director. A holistic educational ministry in the formation stages, planned to serve a worldwide audience through weekly eMessages, blogging, and informational podcasts and videocasts.
- Center for Spiritual Living Cumberland Valley (CSLCV), Carlisle, Pennsylvania October 2011 to May 2014. Founder and spiritual director. The Vision of CSLCV is to create a nurturing, safe space for growth and healing through personal empowerment. The Mission is to provide guidance, education and support through the teachings of the Science of Mind[®]. The Center honors all faiths, religions and beliefs and provides the space for people to learn more about the universal principles of the Science of Mind[®] philosophy developed by Dr. Ernest S. Holmes.
- Unity of Harrisburg, Enola, Pennsylvania April 2012 to July 2013. Senior Minister/Spiritual Leader. Responsible for the spiritual leadership and pastoral care of a congregation of over 300 members with average Sunday attendance of 90-100 individuals. Supervision of church secretary and coordination with various departments including: prayer team ministry; pray partner ministry; music; youth education; ushers; landscaping; and, facility assessment.
- Unity of Harrisburg, Enola, Pennsylvania December 2011 to April 2012. Guest speaker and ministerial consultant. Provided Sunday services and special holiday services as needed. Assisted with pastoral care and consulted with the board of trustees regarding church administration.
- New Thought Center of Central Pennsylvania (NTCCP), Camp Hill, Pennsylvania April 2011 to December 2011. Director. The Vision of the Center is to create a nurturing, safe space for growth and healing through personal empowerment. The Mission is to provide guidance, education and support through counseling and related services. "We make sense of life!" NOTE: NTCCP was dissolved after CSLCV was chartered.

- **Terry Drew Karanen Ministries, LLC, dba TDKM, LLC, Carlisle, Pennsylvania.** [Founded in California as Support Services Unlimited] (1989-present), Director. Individual and couples counseling; speaking engagements; seminars and workshops; and, serving couples in need of an interfaith minister for guidance and wedding ceremonies. "Using ancient principles in the present to create a better future."sm
- American Airlines, Washington, DC (2000-present) & AirTran Airways, Atlanta, GA (1997-2000). Domestic airline flight attendant. Onboard duties include safety, customer service and medical assistance to passengers; required to work long hours without substantial breaks and with little or no supervision; highly trained in conflict resolution; capable of working alone, participating as part of a team, and comfortable leading and delegating responsibilities to subordinates; ability to provide outstanding customer service to both executive and leisure travelers.
- Association of Professional Flight Attendants (APFA), Erving, TX (2000-present). Union advocate for American Airlines flight attendants. Held leadership positions; Employee Assistance Program (EAP) representative dealing with substance abuse and mental health issues; served twice on the Board of Directors; and, represented labor before management in dispute resolution and grievances. Trained in Critical Incident Stress Management (CISM) to assist crew members in dealing with the emotional trauma of stressful situations, e.g., death of a passenger, emergency landings and/or evacuations, or airline disasters.
- The Schmidt Mortuary, Jane Follweiler, FD, Nazareth, PA (2003-2006). Officiant for funerals and memorials.
- Golden Triangle Church of Religious Science and Center for Positive Living, Pittsburgh, PA (1993-1996). Founder and Pastor Emeritus. This Center is now know as, *Center for Spiritual Living Pittsburgh South* and has been in continuous operation since it was founded in 1993.
- Forest Lawn Mortuaries, Hollywood and Glendale, CA (1989-1993). Officiant for funerals and memorials.
- First Church of Religious Science, Glendale, CA (1991-1993). Director of Church, Assistant to the Pastor and Chaplain to the Board of Trustees; was part of a ministerial internship team of nine who acted as spiritual leaders for nine months during the absence of a pastor.
- United Spirit Church of Religious Science, West Hollywood, CA (1986-1991). Pastoral Director of Hospital and Hospice Visitation, directing 70 volunteers in fourteen hospitals and three hospices.